



CHRIST CHURCH
- PITTSFORD -

FEBRUARY 4, 2024
TEN O’CLOCK IN THE MORNING
FIFTH SUNDAY AFTER THE EPIPHANY
HOLY EUCHARIST, RITE II

WELCOME! We are delighted to have you worship with us today. If you are a visitor, we hope you leave as a friend; please complete a “welcome card” found in the pew racks. Please join us at the altar rail for Communion. You may request gluten free wafers from the clergy. We hope you will return!

CARE FOR OUR YOUNG CHILDREN. We have a terrific Sunday School program for kids, age 3 through high school. Sunday School Classes are held during the 10:00 am service for all ages.

On the second Sunday of each month, in lieu of Sunday School, children ages 3 years-5th grade are invited to join Children’s Chapel during the service. Children and youth in grades 4-12 are invited to serve in worship ministries on those Sundays.

We also offer nursery care for infants and children through age 2 at the 10:00 am service.



To use our hearing loop, activate the telecoil on your hearing aid/cochlear implant. Adjust the volume as needed.

THIS WEEK AT CHRIST CHURCH

SUNDAY, FEBRUARY 4

8:00 am Holy Eucharist Rite I
9:00 am Coffee Hour
9:00 am Adult Forum
10:00 am Holy Eucharist, Rite II
10:00 am Sunday School and Nursery Care
11:00 am Coffee Hour

MONDAY, FEBRUARY 5

7:00 PM CODA

TUESDAY, FEBRUARY 6

9:00 am Stretch and Strengthen
7:00 pm Debtors Anonymous

WEDNESDAY, FEBRUARY 7

10:00 am Worship Service
7:00 pm Adult Choir Rehearsal

SATURDAY, FEBRUARY 10

10:00 AM WOMEN'S RETREAT

SUNDAY, FEBRUARY 11

8:00 am Holy Eucharist Rite I
9:00 am Coffee Hour
9:00 am Outreach Committee Meeting
9:00 am Adult Forum
10:00 am Holy Eucharist, Rite II
10:00 am Children's Chapel and Nursery Care
11:00 am Coffee Hour

WORSHIP ASSISTANTS AT TODAY'S SERVICE

CHALICE MINISTERS Ann Barnum Clemens, Mary Ann Chiella
LECTORS David Bieler, Ann Barnum Clements, Kay Marshman
COUNTERS Midge Pia, Jessica Berlet
USHERS Laura Norris, Kim Schaff, Cork, Young
LIVE STREAMING TECHNICIAN Ray Preble

We are grateful for the hard work of the Altar Guild every week for their care of the altar, vestments, vessels, and altar linens of the parish.

All congregational hymns and service music are found in the blue Hymnal 1982 in the pews unless otherwise noted. Service music is found in the front section of the hymnal.

Please stand as able.

VOLUNTARY

Hymn 410 Praise my Soul the King of Heaven

LAUDA ANIMA

THE ACCLAMATION

Presider Blessed be the One, Holy, and Living God.

People **Glory to God for ever and ever. Amen.**

Presider

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

GLORIA IN EXCELSIS S278

THE COLLECT OF THE DAY

Presider God be with you.

People **And also with you.**

Presider Let us pray.

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

Please be seated.

THE FIRST LESSON

Isaiah 40:21-31

Have you not known? Have you not heard?

Has it not been told you from the beginning?

Have you not understood from the foundations of the earth?

It is he who sits above the circle of the earth,
and its inhabitants are like grasshoppers;
who stretches out the heavens like a curtain,
and spreads them like a tent to live in;
who brings princes to naught,
and makes the rulers of the earth as nothing.
Scarcely are they planted, scarcely sown,
scarcely has their stem taken root in the earth,
when he blows upon them, and they wither,
and the tempest carries them off like stubble.
To whom then will you compare me,
or who is my equal? says the Holy One.
Lift up your eyes on high and see:
Who created these?
He who brings out their host and numbers them,
calling them all by name;
because he is great in strength,
mighty in power,
not one is missing.
Why do you say, O Jacob,
and speak, O Israel,
"My way is hidden from the LORD,
and my right is disregarded by my God"?
Have you not known? Have you not heard?
The LORD is the everlasting God,
the Creator of the ends of the earth.
He does not faint or grow weary;
his understanding is unsearchable.
He gives power to the faint,
and strengthens the powerless.
Even youths will faint and be weary,
and the young will fall exhausted;
but those who wait for the LORD shall renew their strength,
they shall mount up with wings like eagles,

they shall run and not be weary,
they shall walk and not faint.

Reader The Word of the Lord.
People **Thanks be to God.**

Psalm 147:1-12, 21c *Laudate Dominum (recited responsively)*

¹ Hallelujah!

How good it is to sing praises to our God! *

How pleasant it is to honour God with praise!

² The Lord rebuilds Jerusalem *

and gathers the exiles of Israel.

³ The Lord heals the brokenhearted *

and binds up their wounds.

⁴ The Lord counts the number of stars *

and calls them all by their names.

⁵ Great is our Lord and mighty in power; *

there is no limit to the wisdom of God.

⁶ The Lord lifts up the lowly, *

but casts the wicked to the ground.

⁷ Sing to the Lord with thanksgiving; *

make music to our God upon the harp.

⁸ The Lord covers the heavens with clouds *

and prepares rain for the earth,

making grass to grow upon the mountains *

and green plants to serve humankind.

⁹ The Lord provides food for flocks and herds *

and for the young ravens when they cry.

¹⁰ The Lord is not impressed by the might of a horse *

and has no pleasure in human strength,

¹¹ but finds pleasure in those who fear God, *

in those who await the gracious favour of the Lord.

¹² Worship the Lord, O Jerusalem; *

praise your God, O Zion,

Hallelujah!

THE SECOND LESSON

1 Corinthians 9:16-23

If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel.

For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

Reader The Word of the Lord.

People **Thanks be to God.**

Please stand as able.



Choir Alleluia, Alleluia, Alleluia.

People **Alleluia, Alleluia, Alleluia.**

Choir I am the light of the world, says the Lord.

Whoever follows me will have the light of life. *cf John 8:12*

People **Alleluia, Alleluia, Alleluia.**

THE GOSPEL

Mark 1: 29-39

Reader The Holy Gospel of our Lord Jesus Christ according to Mark.

People **Glory be to you, O Lord.**

After Jesus and his disciples left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

Presider The Gospel of the Lord.

People **Praise to you, Lord Christ.**

SERMON

The Rev. Julianne Buenting

A time of silent reflection is kept after the sermon.

Please stand, as able.

THE NICENE CREED

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE (*adapted from prayers by the Rev. Rick Morley and the Anglican Church of Canada*)

Let us pray to God, who is made manifest in Christ Jesus, saying:
Lord, in your mercy, Hear our prayer.

As the prophet Isaiah sang out, “Arise, shine; for your light has come”; empower your people, O God, to show forth the light of Christ, which pierces even the deepest darkness. Lord, in your mercy,
Hear our prayer.

As the star rose high into the night sky, guiding the Magi from distant lands to the Christ-child; guide the whole world, O God, to your healing and truth.
Lord, in your mercy,
Hear our prayer.

As Jesus climbed the mountaintop, and proclaimed blessings on the people of the world; we pray for the sick and the suffering, the poor and the oppressed and those afflicted by violence and war. We pray especially for those on our parish prayer list. Lord, in your mercy,
Hear our prayer.

In the hope of eternal rest and peace in your presence, all-holy God, we pray for those who have died, and those who have died in violence or natural disaster.
Lord, in your mercy,
Hear our prayer.

Presider

Holy God, hear our prayers, and kindle the flame of the Christ within us, that in our lives and service, we may rejoice to know your transforming presence at work in the world around us. All this we ask for the sake of your love. **Amen.**

CONFESSION

Let us confess our sins against God and our neighbor.

Silence

God of all mercy, we confess that we have sinned against you, opposing your will in our lives. We have denied your goodness in each other, in ourselves, and in the world you have created. We repent of the evil that enslaves us, the evil we have done, and the evil done on our behalf. Forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.

Presider

Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE

Presider The peace of the Lord be always with you.

People **And also with you.**

WELCOME AND ANNOUNCEMENTS

OFFERTORY SENTENCE

Walk in love, as Christ loved us and gave himself for us. *Ephesians 5:2a*



To make an online donation, use your cell phone camera and this QR code.

OFFERTORY ANTHEM

Herbert Howells (1892- 1983)

*My eyes for beauty pine, my soul for God's grace,
No other care nor hope is mine; to heaven I turn my face.
One splendor thence is shed from all the stars above:
'tis named when God's name is said, 'tis Love, 'tis heavenly Love.
And every gentle heart that burns with true desire,
Is lit from eyes that mirror part of that celestial fire.*

Robert Bridges (1844- 1930)

Please stand, as able.

DOXOLOGY:

**PRaise God, from whom all blessings flow;
praise him, all creatures here below;
praise him above, ye heavenly host:
praise Father, Son, and Holy Ghost. Amen.**

THE HOLY COMMUNION (EP B, Expansive Language)

Presider The Lord be with you.

People **And also with you.**

Presider Lift up your hearts.

People **We lift them to the Lord.**

Presider Let us give thanks to the Lord our God.

People **It is right to give our thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, God Almighty, Creator of heaven and earth; Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Lord. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

S. 128

SANCTUS AND BENEDICTUS

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In Christ, you have delivered us from evil, and made us worthy to stand before you. In Christ, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

**We remember Christ's death,
We proclaim Christ's resurrection,
We await Christ's coming in glory;**

And we offer our sacrifice of praise and thanksgiving to you, O Savior of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us in the sacrifice of Jesus Christ, through whom we are acceptable to you, being sanctified by the Holy Spirit.

In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with Mary, the mother of God, and all your saints, we may enter the everlasting heritage of your children; through Jesus Christ our Savior, the firstborn of all creation, the head of the Church, and the author of our salvation.

By Christ, and with Christ, and in Christ, in the unity of the Holy Spirit all honor and glory is yours, Almighty God, now and for ever. **Amen.**

And now, as our Savior Christ has taught us, we are bold to say,

OUR Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.

The Presider breaks the consecrated Bread. A period of silence is kept.

FRACTION ANTHEM: S. 172

Cantor; then All



Bless - ed are those who are called to the Sup - per of the Lamb.

Cantor: Blessed are those who are called to the Supper of the Lamb.

All: Blessed are those who are called to the Supper of the Lamb.

Cantor: Praise the Lord, all you nations; laud him, all you peoples. For his loving-kindness toward us is great, and the faithfulness of the Lord endures forever.

All: Blessed are those who are called to the Supper of the Lamb.

Presider The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

Silence is kept as we prepare for communion.

All are welcome to receive Holy Communion. The consecrated Bread is received in the open palm. The consecrated Wine, if desired, may be taken from the common cup by drinking (placing your hand gently on the base of the chalice to guide it) or by dipping the wafer of consecrated Bread. You may request gluten free wafers from the clergy at the altar rail.

COMMUNION HYMN

HYMN 324 Let all Mortal Flesh Keep Silence

PICARDY

COMMUNION ANTHEM

Nunc Dimittis Set in B-flat

Charles Villiers Stanford (1852-1924)

Lord, now lettest thou thy servant depart in peace according to thy word. For mine eyes have seen thy salvation; Which thou hast prepared before the face of all people. To be a light to lighten the Gentiles, and to be the glory of thy people Israel

Glory be to the Father, and to the Son, and to the Holy Ghost; as it was in the beginning, is now, and ever shall be, world without end. Amen.

Canticle of Simeon (Luke 2: 29-32)

All stand or kneel, as able.

POSTCOMMUNION PRAYER

Presider Let us pray.

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

THE BLESSING

May Christ, the Son of God, be manifest in you, that your lives may be a light to the world; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you, and those you love, and remain with you always. **Amen.**

DISMISSAL

Presider: Go in peace to love and serve the Lord, Alleluia, alleluia!

People: **Thanks be to God, Alleluia, alleluia!**

HYMN 665 All my Hope on God is Founded

MICHAEL

POSTLUDE

ANNOUNCEMENTS AND UPCOMING EVENTS

Shrove Tuesday

February 13, 6:00 pm

The Parish Life Committee will host a Shrove Tuesday Pancake Supper on Tuesday February 13. It's Mardi Gras, so "laissez les bons temps roulez" with beads, cajun/zydeco music, good food and good company.

We'll serve pancakes and sausage (with a vegan alternative provided). Look for sign up information starting January 28.

Ash Wednesday

February 14

We will have services of Holy Eucharist with the distribution of ashes at **12:00 pm and 7:00 pm.**

Women's Retreat

Saturday, February 10 at 10:00 am

Please join us as we focus on Finding Comfort in Uncertainty. Newcomers are always welcome and you (and friends) can join us either in person or via Zoom whose link will follow closer to the time of the retreat. For more information, please contact Nancy Dhurjaty (cell 585-259-7817)

Children's Chapel and Youth in Church

Sunday, February 11 during the 10 am Service

Volunteers are needed for Sunday School and the new monthly Children's Chapel! Please let Liz know if you are interested in helping out.

Children and youth in grades 4-12 are invited to get involved in the Sunday, February 11 and March 10 services as acolytes, crucifer, chalice ministers, readers, ushers, greeters, and Children's Chapel assistant. Training is available and all are welcome! Please sign up by the Sunda School Office. Future dates for youth volunteers are April 14, and May 12.

CHRIST CHURCH PITTSFORD ADULT FORUMS EARLY 2024 SUNDAYS 9:00 AM

February 4 The Anglican Via Media and Moral Discernment: Process & cases
(Both January 28 and February 4 presented by Julianne)

February 11 No Forum

February 18 Theological Bases of Lent for Lent 1

February 25 Spiritual Practices and Resources for Lent 2
(Both February 18 and February 25 presented by Richard Smith)

March 3 Liturgy in Lent Lent 3

March 10 Holy Week and the Paschal Triduum Lent 4

March 17 Lessons from Early Christianity in Ireland Lent 5 (for St.
Patrick's Day)

(March 3, 10 and 17 presented by Julianne)

Caregivers Luncheon

Tuesday, February 13 at 12:00 pm

Caregivers meets the second Tuesday of the month, right here at Christ Church. All participants must be caring for a loved one in their personal lives. We offer nourishments for the body, mind and soul. This group is lead by two very experienced caregivers: Jamie Hill and Laurie Sorge. This group is not limited to members of Christ Church, that means if you have a friend or relative or even "friend of a friend" in need, they are welcome. Please contact Cindy through the church office at 586-1226 or Laurie Sorge at 703-3503.

Women's Book Club

Thursday, Feb. 29th at 7:00 on Zoom

We will be reading *The Mountain in the Sea* by Ray Naylor. Humankind discovers intelligent life in an octopus species with its own language and culture, and sets off a high-stakes global competition to dominate the future. But no one has yet asked the octopuses what they think. Or what they might do about it. A near-future thriller, a meditation on the nature of consciousness, and an eco-logical call to arms, Ray Naylor's dazzling literary debut *The Mountain in the Sea* is a mind-blowing dive into the treasure and wreckage of humankind's legacy. For more information, please e- mail Suzanne Lee, leeharris@frontiernet.net.

Non Fiction Book Club

Tuesday, February 20th at 3:00 pm

We will discuss *Rough Sleepers* by Tracy Kidder. Kidder follows the work of Dr. Jim O'Connell as he creates a community of care for the homeless living on the streets--the "rough sleepers".

We will meet on Tuesday, March 19th at 3:00 pm to discuss *Hitler's Aristocrats: The Secret Power Players in Britain and America Who Supported the Nazis, 1923-1941* by Susan Roland. Ronald examines the shadowy world of aristocrats and business leaders on both sides of the Atlantic who secretly aided Hitler and Nazi Germany.

We welcome all members of the parish and their friends to participate in the book club. Meetings will be held in a hybrid format with both in person attendance and via Zoom. To get more information about the book club, to be added to our distribution list or to suggest a book for discussion, please contact Jim Baroody, jimbaroody@gmail.com.

Outreach Lenten Projects

Collections begin February 17. Look for the list in next week's mailchimp and bulletin.

Please Pray For:

In Thanksgiving for Connie Bates and (Bishop) Jorge Martinez on their 60th Wedding Anniversary, parents of Kenn Martinez;
Ed Stockham, recovery from surgery;
Bertha Simpkins, friend of Mary Callaway, hospitalized;
Bill Pickett, friend of Mary Ann Chiella and Kay Marshman;
The Episcopal Diocese of Rochester bishop search and wisdom for the upcoming election convention.

ONGOING:

Scott Ornt; Karl Hendrickson; Frances; Bella O'Neil; Austin Kellogg; Barry Balonek; Trevor Smith; Olivia; Judi Bachelder; Beth; Steve; David Miller; Sarah McCurdy; Sarah Koopus; Anu Abhyankar; Dick Seils; Jean Snyder and family; Andrew Green; Joel Krenis; Susan Watt; Tom Frank; Jeannie Young; Carol Bates; Lisa Crocket; David; William Jackman; Ella Dyson; Sue Thomas; Lee McKee; Gene Johnson, John McCleod; Bill Shield; Matt Eggars; Angelina Gentry; Ron Young; Jane Wells; Claire Crump; Peter Hazelman; Joani Hauge and Theo Georgiev; Jonathan Ragan; Mike Longton; Leo Landhuis; Mary Lou; Carl Smith; Sandy Wallak; Sheilia Siborg; Hilda Wiley; Chrystal Dudley; Patty Bolger; Margaret Angelline; Junie Bakken; Jose Fernandez.

We're grateful to be able to pray for our parishioners, family members, and friends who are in need, and we think it is important to make these concerns known to our community. We generally keep names on this list for about four weeks, unless we're aware of a continuing need. If we've removed a prayer request which you would like to appear for another 4-6 weeks, please call the church office. Thank you for your good help in bringing prayer requests to our attention.

CHRIST EPISCOPAL CHURCH

INTERIM RECTOR

The Rev. Dr. Julianne Buenting

DIRECTOR OF MUSIC

Alden Wright

FINANCE ADMINISTRATOR & CHILDREN'S MINISTRY

Liz Salamone

PARISH ADMINISTRATOR

Cindy Kline

SEXTONS

Mary Thor, Rick Webster, Tristan Berlet

STREAMING TECHNICIAN

Ray Preble

WARDENS

Daryl Sharp, Pat Morrow

VESTRY

Patty Sampson-Bouchard, Jeremy Brown, Natalie Mai-Dixon,
Nahoko Kawakyu-O'Connor, Mike Kramer, Richard Smith,
David Bieler, Thom Fogg, Laurie Sorge
Michael Lehman (Treasurer), Kay Marshman (Clerk of the Vestry)

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