

Christ Church
36 South Main Street
Pittsford, NY 14534

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Growing in Community and Generosity



**CHRIST
CHURCH
PITTSFORD**

36 S. Main St. Pittsford, NY 14534

Church Office is Open:
Monday-Thursday 8:30 am-3:00 pm
Fridays 8:30 am-Noon
Sunday mornings 8:00am -11:00 am

Phone (585) 586-1226

parishadmin@christchurchpittsford.com
www.christchurchpittsford.com

For a schedule of our services and other activities
visit our website: www.christchurchpittsford.com

CHRIST EPISCOPAL CHURCH
INTERIM RECTOR
The Rev. Dr. Julianne Buenting
DIRECTOR OF MUSIC
Alden Wright
FINANCE ADMINISTRATOR & CHILDREN'S MINISTRY
Liz Salamone
PARISH ADMINISTRATOR
Cindy Kline
SEXTONS
Mary Thor, Rick Webster, Tristan Berlet
WARDENS
Daryl Sharp, Pat Morrow
VESTRY
Mark Dwyer, Jane Gorsline, Alan Jonason,
Patty Sampson-Bouchard, Jeremy Brown, Natalie Mai-Dixon,
Nahoko Kawakyu-O'Connor, Mike Kramer, Richard Smith,
Michael Lehman (Treasurer), Kay Marshman
(Clerk of the Vestry)

36 SOUTH MAIN STREET, PITTSFORD, NEW YORK 14534
(585) 586-1226
www.christchurchpittsford.com



“Triple Decker Searches” and Christian Discernment

Did you know that Christ Church Pittsford is just one layer of triple decker searches going on right now? At the parish level, we are beginning the process to search for the next rector. At the next level up, the Episcopal Diocese of Rochester is searching for its next bishop and the search committee are currently reviewing the nominees. There will be a semi-finalist retreat in early November and the candidate slate will be announced in mid-November. The election of the next Bishop of Rochester will be held at a special electing convention in February of 2024.

And at the national level, the Episcopal Church is searching for its next Presiding Bishop. That profile was published in May of this year and nominations were closed this summer, with the slate of candidates to be released in Spring of

2024. The election of the next Presiding Bishop will take place at the 81st General Convention to be held in Louisville, Kentucky in July 2024.

It's inspiring to think of the many people who are involved in these searches and to appreciate their willingness to listen together for the whispering guidance of the Holy Spirit in these important discernments. These folks remind us that discerning God's presence and action in our lives is a powerful part of our journey with Christ. The simple practice of a daily “spiritual check-in” can help hone our discernment. This doesn't need to be complicated or lengthy. An evening review of the day asking “Where did I encounter God's presence and action today? In nature and the world around me/ in relationships/ in emotions?” Then conclude with prayer for God's gracious gift of becoming ever more attuned and open to God's presence and action in your life as you entrust your whole self to God.



Celebrating
**ALL SAINTS' DAY
& ALL SOULS' DAY**

All Saints and All Souls Potluck
Friday November 3 at 5:30 pm

FORUMS

UPCOMING ADULT FORUMS SUNDAYS AT 9 AM

OCT 29 EPISCOPAL CHURCH STRUCTURES AND DECISION-MAKING AT THE NATIONAL AND DIOCESAN LEVELS

NOV 5 RELIGION & POLITICS & THE EPISCOPAL CHURCH, OH MY!

NOV 12 INTRODUCTION TO CENTERING PRAYER PART I

NOV 19 INTRODUCTION TO CENTERING PRAYER PART II

NOV 26 NO FORUM

A Prayer for the Israel Palestine Conflict.

O God of light and salvation, our refuge and our strength,

We pray for the people of Israel and Palestine amid the escalating violence.

We pray for those killed and injured in southern Israel.

May your rod and staff comfort them.

We pray for those who are grieving. May they know your ever-present help.

We pray for the protection of those who have been taken hostage by Hamas.

As they walk through this dark valley, may they fear no evil.

We pray for the civilians of Gaza. May they know that their help comes from the

Maker of heaven and earth.

And we pray for those in leadership in Gaza and Israel.

May you guide them along the right paths.

We ask all this in union with Christ and trusting in the power of your Holy Spirit.

Amen

(Adapted from the Association of English Cathedrals)

CALENDAR

The Altar Guild meets every Saturday morning at 9:00 am

Sunday, October 22

8:00 am Service with Holy Communion Rite I
9:00 am Coffee Hour
9:00 am Forum
10:00 am Service with Holy Communion Rite II
10:00 am Sunday School Classes and Nursery Care
11:00 am Coffee Hour

Tuesday, October 24

9:00 am Stretch and Strengthen

Wednesday, October 25

10:00 am Worship Service
7:00 pm Choir Rehearsal

Thursday, October 26

9:30 am Qi Gong

Saturday, October 28

7:00 pm Youth Group Haunted Hayride

Sunday, October 29

8:00 am Service with Holy Communion Rite I
9:00 am Coffee Hour
9:00 am Forum
10:00 am Service with Holy Communion Rite II
10:00 am Sunday School Classes and Nursery Care
11:00 am Coffee Hour

Tuesday, October 31

9:00 am Stretch and Strengthen

Wednesday, November 1

10:00 am Worship Service
7:00 pm Choir Rehearsal

Thursday, November 2

9:30 am Qi Gong

Sunday, November 5 All Saints Day

8:00 am Service with Holy Communion Rite I
9:00 am Coffee Hour
9:00 am Forum
10:00 am Service with Holy Communion Rite II
10:00 am Sunday School and Nursery Care
11:00 am Coffee Hour

Tuesday, November 7

9:00 am Stretch and Strengthen

Wednesday, November 8

10:00 am Worship Service
7:00 pm Choir Rehearsal

Thursday, November 9
9:30 am Qi Gong

Sunday, November 12

8:00 am Service with Holy Communion Rite I
9:00 am Coffee Hour
9:00 am Forum
10:00 am Service with Holy Communion Rite II
10:00 am Sunday School and Nursery Care
11:00 am Coffee Hour

Tuesday, November 14

12:00 pm Caregivers
3:00 pm Non Fiction Book Club
5:45 pm Vestry

Wednesday, November 15

10:00 am Worship Service
7:00 pm Choir Rehearsal

Thursday, November 16

9:30 am Qi Gong

Sunday, November 19

8:00 am Service with Holy Communion Rite I
9:00 am Coffee Hour
9:00 am Forum
10:00 am Service with Holy Communion Rite II
10:00 am Sunday School and Nursery Care
11:00 am Coffee Hour

Wednesday, November 22

No Morning Worship

Thursday, November 23

10:00 am Thanksgiving Morning Service with Holy Communion and Baptism

Sunday, November 26

8:00 am Service with Holy Communion Rite I
9:00 am Coffee Hour
10:00 am Service with Holy Communion Rite II
10:00 am Sunday School Workshop and Nursery Care
11:00 am Coffee Hour

December

5 Candlelight Night

17 English Tea and Lessons & Carols

24 Christmas Eve

SUNDAY SCHOOL AND NURSERY CARE



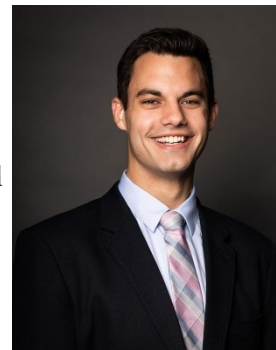
Tenor: Paul-David Flood

Paul David Flood is a musicologist whose research explores intersections of geopolitics, migration, and identity in global popular and avant-garde musics after 1945. He is currently a Ph.D. Candidate in Musicology and Instructor of Music History at the Eastman School of Music. His dissertation explores musical performances of migrant identities in the Eurovision Song Contest. He has presented his work at numerous academic conferences based in the US, UK, Ireland, and Australia. As a professional choral singer, he

has performed with Rochester-based chamber choirs Voices and Mysterium, and with major orchestras including the New York Philharmonic, the Philadelphia Orchestra, and the Princeton Symphony Orchestra. Outside of his academic and musical endeavors, Paul is active in Rochester's vibrant queer nightlife scene and enjoys petting his cat, Stewie.

Bass: Colin Mann

My name is Colin Mann, and I am delighted to sing and serve at Christ Church Pittsford again this year! I am originally from Clarence Center, New York, although I spent the last few years living and teaching in western Massachusetts. I just started my second year of the DMA in conducting at Eastman. Thank you for keeping such an interesting and creative library at church--in addition to singing, I also enjoy reading.



Bass: Peter Schoellkopff

Peter Schoellkopff is a Master's candidate at Eastman, pursuing a degree in Voice Performance and Literature. A long-time choral singer raised in the Episcopal tradition, he is excited to return to CCP this year as a section leader. Peter is passionate about a wide variety of music, and enjoys singing everything from Gregorian chant to contemporary opera and art song. Recent engagements include: attending the Boston Early Music Festival as a Young Artist, singing French baroque opera under the direction of Paul O'Dette and Stephen Stubbs;

performing the role of Capitán in Eastman's production of *Florencia en el Amazonas*; and singing Polifeme in Handel's *Acis and Galatea* with the Buffalo Chamber Players. Outside of music, Peter is an avid cook. He also enjoys hiking and spending time with his cat Luna.



Sunday School is off to another strong start! It's wonderful to see our old friends return and to meet new friends this year. It's not too late to register – please visit christchurchpittsford.com for the registration form link.

The Pre-K through 1st grade class is using the Godly Play curriculum to explore Old Testament stories. The 2nd through 5th grade class is spending the fall learning about Moses' adventures in the book of Exodus.

The Middle / High School room has also had a busy fall enjoying exciting lessons with Pat Morrow. On October 15, a number of youth participated as worship assistants at the 10:00 service – acolytes, readers, chalice bearers, and greeters. The youth will have another opportunity to get involved on **Sunday, November 19**.

Our first Youth Group outing is planned for **Saturday, October 28th at 7:00 pm** at the Powers Farm Haunted Hayride. Don't miss the chance for some spooky fun with Pat, Julianne, and your Christ Church friends! The cost of admission is covered for parishioners, but friends are welcome to join the group at their own expense.

The Christ Church nursery is up and running for children ages birth through 2 during the 10:00 am service. All families with young children are invited to use the nursery on Sundays. We are currently looking for nursery caregivers to add to our team. Please contact the church office at 586-1226 if you or someone you know is interested in learning more.

Please mark your calendar for the 2023 Christmas Pageant on **Sunday, December 17th**. There will be opportunities for children and youth of all ages to participate in this annual tradition.

We are always looking for adult and youth volunteers to teach and assist in our Sunday School rooms. Volunteers ages 17+ are also welcome in our nursery. Please consider volunteering for these important ministries. Scheduling is flexible. Please email Liz at sundayschool@christchurchpittsford.com if you are interested in lending a hand.



PARISH LIFE

The Christ Church program year kicked off on a high note with our Celebration Picnic Sunday. And there is more to come! Below are activities that the Parish Life Committee has planned for our upcoming year. One change to note, the Virtuosi Concert will be in April this year to allow Alden more time to prepare as he moves into the role of Music Director.

November 3-All Saints and All Souls potluck - Signup sheets are up at church and there will be fun and games for all ages! Event begins at 5:30pm! Wear a costume if possible!

December 17-English Afternoon Tea before our wonderful service of Nine Lessons and Carols Evening service at 5:00p.m.

January 26-Pasta and Movie Night

February 12-Shrove Tuesday Pancake supper and Mardi Gras

March 15-Bingo and pizza night

March 28-Maundy Thursday supper

April-Virtuosi Concert -date TBD

June 2-Ice-Cream Social on the occasion of the Bishop's visitation

While our committee is busy with planning these events, it will take all of us here at Christ Church to make them happen. We know as a parish that we like to build fellowship by sharing food together and having fun.

We look forward to working with all of you this coming year!

Libby and Joyce



Soprano: Mary Mowers



I'm Mary, one of your soprano section leaders since fall of 2019. I grew up here in Rochester. After High School (Hilton 2002) I studied voice at Mansfield University in PA, continued on to study jazz voice in Iowa, spent several years traveling and experiencing life outside of what I knew. I came back to Rochester in 2011. Since then I've had several jobs, and have sung professionally in many regional groups as a chorister/soloist. I recently recorded a few tracks on Theresa Chen's sacred Jazz album, *Whispering to God*. Currently I work full time as an Ensemble Librarian at the Eastman School of Music. I help coordinate personnel and music preparation for 5 large ensembles, in addition to preserving/maintaining our large collection of repertoire. In my spare time I love to read, do cross-stitch/embroidery, and laugh with my husband Eric and our cat Ellie. I'm very happy to be singing here in the Christ Church choir with such wonderfully kind and talented people!



Alto: Madeleine Christopher

Madeleine Christopher grew up in Central Pennsylvania and is a first-year undergraduate student at Eastman. She is thrilled to be returning to Christ Church after a 16-year hiatus from Rochester. Christ Church veterans may remember her performance as the Baby Jesus in December 2005, and her baptism in January 2006. Since then, she has grown up, graduated high school, and taken any chance she could get to perform, including with the Ohio Light Opera, Penn State Centre Stage, Penn State Opera Theater, State High Thespians, State High Master Singers & Chamber Singers, and various State, Regional and National level honor choirs. When she is not singing, she can be found spending time with loved ones or enjoying a fantastic cup of tea.



Tenor: Adam Holthaus

Adam Holthaus is a senior at the Eastman School of Music, studying voice performance. He is excited for his second year at Christ Church Pittsford as a Choral Scholar. Adam is from Cleveland, OH where he got his start in music performing in musicals and playing the double bass. In his free time he enjoys cooking, going for walks, and watching football. He thanks all of those who support Christ Church music and hopes you enjoy all the music that is to come this year.

MEET OUR CHORAL SCHOLARS!

The parish choir is made up of talented volunteers who give of their time and talents to rehearse and offer music which enriches the services here at Christ Church Pittsford. Additionally, we are lucky to also have eight professional singers who supplement our choir, and help to lead their respective sections and to occasionally act as soloists. In addition to the parish members, they are also a valued part of our choir. In their role as choral scholars, or 'section leaders,' they have an opportunity to hone their skills of singing within a choral ensemble and as a soloist, while learning the great musical repertoire, rites, and traditions associated with the Episcopal Church and the wider Anglican Communion. Perhaps more importantly, they find themselves as part of a welcoming community, no matter their faith background, an understatedly important aspect of being a student living away from home. They are an extraordinary part of our choir, and we are lucky to have such a talented group of singers among us in this current group, and in the many scholars from years past, notwithstanding the fact that they are all extraordinary individuals who I am glad to know and make music with. Here is a bit of information from each of them. When you see them on Sunday, make sure to say hello!

Soprano: Sarah Spurlin

Sarah Spurlin is a second year Master's student at Eastman studying voice performance. She was born in Kansas City, Missouri, but grew up in Tucson, Arizona. She is a cradle Episcopalian, and spent the majority of her childhood at St. Philips in the Hills Episcopal Church as an active member of the choir program, the youth group, and as an acolyte. Sarah got her Bachelor's degree at the University of Oklahoma where she was an active parishioner at St. Anselm of Canterbury, the Episcopal campus ministry. She was also active in the music fraternity Sigma Alpha Iota. She is an avid sports fan, rooting for all OU teams, but especially football and softball. She loves football, hockey, and baseball, and is always excited to talk about those sports.



Alto: Ori Marcu

Ori is a mezzo-soprano originally from Brooklyn, NY. She has happily served as a choral scholar at Christ Church for one year and will be leaving in November to join Palm Beach Opera in Florida. In her spare time Ori enjoys spending time with her cat, Duck.

FALL FUN AT CHRIST CHURCH



CELEBRATION SUNDAY



BLESSING OF THE ANIMALS





Last year, we and our partner agency, Rochester Childfirst Network, learned something very important: many of the clients do not make a traditional “Norman Rockwell” Thanksgiving dinner. The clients appreciated the fifty-dollar gift cards we donated because it gave them personal agency. This year we ask you to donate by check or donate from the Giving Page on our website. Our goal is to provide \$50.00 gift cards. Christ Church will purchase the gift cards in consultation with Rochester Childfirst Network. Thank you for your generosity, as many families continue to struggle in this difficult time. Please donate before November 15.

WOMEN’S RETREAT

Saturday, November 11 at 10:00 am

Details to Follow.

CAREGIVERS’ LUNCHEON

Tuesday, November 14 at 12:00 pm

Caregivers meets the second Tuesday of the month at Christ Church. The group is not limited to members of Christ Church, that means if you have a friend or relative or even a “friend of a friend” in need, please contact Cindy at the church office at 586-1226 or Laurie Sorge at 703-3503.

NON-FICTION BOOK GROUP

Tuesday, November 14 at 3:00 pm to discuss *An Immense World: How Animal Senses Reveal the Hidden Realms Around Us* by Ed Yong. Yong examines the animal world and explores how various animals from beetles to giant squid perceive the world.

There will be no meeting during December. We welcome all members of the parish and their friends to participate in the book club. Meetings will be held in a hybrid format with both in person attendance and via Zoom. To get more information about the book club, to be added to our distribution list or to suggest a book for discussion, please contact Jim Baroody (jimbaroody@gmail.com).

STRETCH AND STRENGTHEN CLASS

Tuesdays at 9:00 am

Everyone is welcome! Please join us for our healthful “Stretch and Strengthen” class in the Fellowship Room. The cost is \$10.00 per person per class.

QI GONG WITH RAPHAELA MCCORMACK

Thursday, October 19 at 9:30 am (\$5.00 donation)

Please join us as we welcome Raphael back for a one hour Qi Gong class.

Qi Gong (pronounced chee gong or gung) is a Chinese practice over 4,000 years old. It involves a series of exercises including slow circular movements, regulated breathing, focused meditation and self-massage. One unique feature of Qi Gong is its ability to train the mind to direct the body’s energy, or chi, to any part of the body. Qi Gong is believed to relax the mind, muscles, tendons, joints and inner organs, helping to improve circulation, relieve stress and pain and restore health. Because Qi Gong includes both dynamic and gentle techniques it can be practiced from a standing or seated position, which makes it suitable for people of all ages.

The Benefits of Qi Gong:

- Reducing anxiety and depression
- Improving balance, flexibility and muscle strength
- Improving sleep quality
- Lowering blood pressure
- Improving cardiovascular fitness in older adults
- Relieving chronic pain
- Increasing energy, endurance and agility
- Improving overall feelings of well-being and relaxation.